Monthly Resolutions

January: Go on a spending freeze.

February: Write 2 long letters each week.

March: Eat clean every day.

April: Do a random act of kindness every day.

May: Pick up a new hobby, activity or sport with your child.

June: Take a road trip.

July: Read a book each week.

August: Be as green as possible.

September: Spend one full day volunteering.

October: Learn to cook 5 new meals.

November: Each day write down 3 things for which you’re thankful.

December: Make 12 new crafts.